

2017 CJ BIO AMERICA BADGER LAKE DRAGON BOAT BASH

Aug 11 & 12, 2017
FORT DODGE, IOWA

www.badgerlakedragonboating.com

CAPTAIN'S PACKET

Welcome to the twentieth Annual CJ Badger Lake Dragon Boat Bash, at Badger Lake, Kennedy Park! We are excited about this continuing event in our community and we are happy that your team will be joining us in making THIS year an even greater success.

This manual will enable the team captains to prepare their teams for the CJ Badger Lake Dragon Boat Bash. Our goal is to maintain the rich cultural traditions of the festival, to allow people from all over to have fun and meet other paddlers, and to provide friendly, exciting competition. Please encourage your team to participate in all event festivities.

Important Deadlines

Team registration due	July 10, 2017
Payment schedule:	
Full Payment of entry fee (\$600 - non refundable)	July 10, 2017
Team Description due	July 10, 2017
Team Roster due	July 15, 2017

Team Captain's Meeting

Aug 12, 2017 8:00 a.m. Announcer's Tent Badger Lake

Any team that does not make their final payment by July 1, 2017, may be bumped from the event by another team.

Forming A Team

Decide if you want a "just for fun" or a "highly competitive" team. Recruit team members accordingly. Experience in canoeing or paddling is not necessary as each team will be given instruction and practice time. Each team will consist of a minimum of 20 and a maximum of 25 persons. Recruit extra paddlers just in case you lose a few along the way. All team members must be age 14 or over. Maximum crew (Hong Kong boats) in the boat is: 20 paddlers, 1 drummer, and 1 sterns person. (A sterns person will be provided.) **Each team must have at least eight women in the boat at all times. Elite Level Teams (teams that practice regularly) must have 8 women paddlers in the boat.**

SCHEDULE OF EVENTS

PRACTICE SESSIONS

July 18th through July 23rd

July 24th through July 26th

Sunday practices are at 3:00 & 4:00 weeknight practices are at 5:45 & 6:45

Each team may have up to two 45-minute practice sessions that includes 15 minutes land instruction and 30 minutes in the boat. A trainer / sterns person will be available. The schedule will be posted on our website for your reference. To request a practice time please contact Barb at Bjmichaels@frontiernet.net. A minimum of 10 paddlers must be present for practice. All waivers must be completed before getting into a boat. Remember a parent/guardian must sign the waiver for minors.

Please note that all persons who enter a boat either at training or at the event must have signed a waiver. There will be NO exceptions to this requirement. **A waiver is included in this packet and located on the website. Please be sure all paddlers on your team sign the waiver. As team captain, it is your responsibility to ensure all team members have signed and understood this waiver.** Minors (those under 18 years old) must have parent or guardian sign their waiver prior to entering a dragon boat. There will be NO exceptions to this rule. **Practice will be held rain or shine, but not in severe weather. No practice can be held in lightning.**

Please remember our trainers are all volunteers. If you need to cancel a practice or cannot get enough paddlers to attend please cancel in advance and we will attempt to reschedule your team.

TEAM PACKET PICK UP

Team Packets will be available all day Friday August 11th at the Shelter at Kennedy Park. Packets include wristbands for those who sign a waiver, team dinner tickets based on the confirmed dinner count submitted by the team captain, concert tickets for paddlers and schedule for the first race of the day. (Please note the race schedule is subject to change)

Please note paddlers will need their wristband to enter the park on Friday night. You will need to make arrangements to distribute them to the team on Friday outside the entrance to the concert.

TEAM TENT AREA

Each team will be allotted an area on the hillside not to exceed 30' x 30' at Badger, Lake Kennedy Park. (see map included in the packet) This area can be used for setting up a team tent for shade on race day. Sites are selected on a first come first serve basis. Please respect the "property" of your neighbors when placing your tent and its support cables. **Campers, team buses and grills are not permitted. Team tents may be set up on Friday prior to 5:00 p.m. or Saturday morning. Security will be provided Friday evening only.** Badger Lake Dragon Boat Association will have vehicles available to facilitate carrying heavier items into the team tent area but, be prepared to carry your equipment from the Team Parking area into the tent area. **Driving is not permitted on the hill or in Team Tent area.**

FRIDAY Aug 11th, 2017

GATES OPEN 5:30 p.m. Badger Lake Kennedy Park

TEAM DINNER 5:30 p.m. – 7:30 p.m.

Each team will receive dinner tickets based on the confirmed count provided by the Captain not to exceed 21 (see form) Additional tickets must be ordered by **July 15** (see Team Registration Form.)

CHILDRENS ACTIVITIES BEGIN 6:00 Children must be accompanied by an adult

PRESENTATION OF COLORS 6:45

INTRODUCTION OF TEAMS 6:50

Beginning promptly at 6:50 teams will be introduced to the crowd. There will be a designated team seating area on the hill. Your area will be identified by a sign with your team name on it. Teams are asked to assemble on the hillside near their team sign and must be in place by 6:30 p.m. Teams are encouraged to bring an “Offering to the Dragon.” Description of the offering will be announced and presented as a part of the Team Introduction. Your offering can be as serious OR not as you wish. (Remember, please, this is a family event!) **Please return the description of your offering to the dragon along with your team description no later than JULY 10! Please submitted this electronically via word document to Bjmichaels@frontiernet.net** (See form in the back of manual or web site)

AWAKENING OF THE DRAGON CEREMONY

A tradition in Dragon Boating the "Awakening" will be held lakeside Friday evening.

SHIMKAT SPRINT CUP A one heat race held Friday evening open to the first 6 teams that enter.

“POP ROCKS” Live In Concert 8:00pm

Admission Friday is by “Badger Lake Dragon Boat Bash” Concert ticket. Tickets are \$10.00 Children 12 & under are admitted free with an adult. Rostered paddlers are admitted free with a wristband provided to team captains in the Captain's packet.

SATURDAY, August 12th, 2017

LIONS CLUB PANCAKE BREAKFAST 7:00 - 10:00 a.m.

FINAL REGISTRATION/ ROSTER CHANGES 7:30 - 8:30 a.m.

CAPTAINS MEETING 8:00 a.m.

RACING BEGINS 8:30 a.m.

BREAST CANCER SURVIVOR CEREMONY approximately 2:00 p.m.

AWARDS CEREMONY - Immediately following the last race, winners in all divisions will be recognized. Awards will also be presented for Best Tent, most creative T Shirt , Team Spirit, and team raising the most for the Cancer Center. Teams are encouraged to bring an item for the Silent Auction. The silent auction benefits uninsured needs of cancer patients at Unity Point Hospital. Your participation in Team introductions including your offering, will be taken into consideration for the Spirit Award.

Team Photos

Team Photos will be taken prior to each team's first race on Saturday morning. Please listen for announcements and be sure your photo is taken prior to your first scheduled race on Saturday. Look for the Photographer's Tent lakeside where all photos will be taken. Individual team members can order photos at this time. **...photos will be delivered Saturday afternoon. All team photos must be ordered through the photographer.**

Race Photos will be available for purchase.

Team Shirts

Team shirts are encouraged for the competition. Teams should choose a logo/design for their team shirt or simply all wear the same color shirt. Determine the sizes and quantities needed of T-shirts and/or tank tops. Teams are responsible for ordering and purchasing their own shirts. There will be an award for the most creative team shirt design.

Event T-Shirts

Event T-shirts may be pre- ordered. (See Team Registration Form) Event T-shirts will be available for sale at the race site. Event T-shirts will be sold for approximately \$15.

Team Roster and Description

The preliminary registration you have completed allows us to send you further information. To be fully registered, you must complete the team registration form (including the team description) at the end of this Captain's Manual and send it to Badger Lake Dragon Boat Assoc. c/o Barb Michaels, P.O. Box 189 Fort Dodge, Iowa, 50501, by July 10, 2017. **bjmichaels@frontiernet.net. (please email in word format) Team descriptions received after July 10, 2017 may not be included in the program.**

A fully completed and legible (printed or typed) team roster must be submitted by July 15, 2017. Note that the team roster and signed waivers are required before a team will be allowed to practice or compete. Your team roster may have more than the required number of persons for a minimum crew. Captain's packets including wristbands and dinner tickets cannot be distributed until we receive your Team Roster and all signed waivers.

Equipment

All necessary equipment will be provided for the race and practices: Dragon boats, paddles, and life jackets.

Competition Format

Each race will consist of one 300-meter heat. Timing will be kept by with stopwatches. Video equipment will be in place to confirm winning teams

All teams will compete in at least 1-time trial race. The teams will be ranked based on total times of time trial race/races and grouped into divisions based on those rankings. The top teams in each division will compete for divisional championships. The number of divisions and the nature of the divisional championships will be determined based on the number of teams entered and time available.

Substitution

Only the persons named on your team roster will be permitted to compete. For insurance purposes, the race committee must be notified of any substitutions. Only those persons who have signed liability waiver forms and are wearing the wristband furnished will be permitted to compete. These wristbands will be distributed to team captains on Friday evening, August 12th. Wristbands may not be transferred. Please instruct team members to leave wristband on all weekend. **Do not take off!!!!** Persons who are not on your roster as of the day of the event must sign in at the information tent and be issued a wristband if they wish to compete. They must also sign a waiver form. In the interest of fair play, an experienced paddler on a more competitive team may not paddle for a less experienced team. However, they can be a coach, drummer, or flag catcher and should be identified as such on the team roster.

Captain's Meetings

Team captains or a team representative are requested to attend the captains' meeting. The captain's meeting for local teams shall be 8:00.m. on Saturday, August 13th. at the Race Site. All Team Captains are required to attend the Saturday morning meeting. Badger Lake Dragon Boat Association will not be responsible for disqualifications because a team captain did not know the rules.

RULES

Competition Rules

The team captain must be familiar with rules of competition and make certain his/her team is in compliancy. A copy of the rules for the competition will be posted on the web site www.fortdodgedragonboat.com.

Safety Rules

The Team Captain must become familiar with safety rules. We expect compliance in this area as it is vital that we have a safe as well as an enjoyable event.

MISCELLANEOUS INFORMATION

Race Site

The races will be held at Badger Lake Kennedy Park.

The site map has been prepared to acquaint teams to the venue site at Badger Lake within Kennedy Park. Kennedy Park is located approximately four miles north of Fort Dodge on the west side of North 15th Street (County Road P-56).

Food and Drink

A large array of food and drink will be available at the race site. Alcoholic beverages are not permitted to be brought on site. Beer will be available for purchase. Concessions help fund our event. Please support us.

No beverages or grills will be permitted!

First Aid and Information

First Aid and ambulance service will be available at the race site. This service will be provided by UnityPoint Medical Center and the Fort Dodge Fire Department. Should any injury occur as a result of competing, an injury/incident report should be filled out at the information area in the Lodge. If an injury occurs during practice, please inform the practice trainers. An information area in the lodge will be staffed throughout the event.

Parking

There will be a drop-off area to unload and leave right away. All parking will be fairly close. Please follow attendants' instructions! No one will then get blocked in.

Spirit Award

There will be a "Spirit" Award presented during the awards ceremony to the team that best exemplifies the motto "Friendship through Paddling" and best exhibits good sportsmanship. Each team will be asked to register their team's votes on Saturday afternoon of the event just prior to the Award Ceremony

What to Bring

Competitors may wish to bring the following items the day of the races: sunscreen, a lawn chair, dry clothes, plenty of fluids, a visor or hat, snacks, fruit, sunglasses, blanket to sit upon, paddling gloves, knee pads, a tent for protection from sun or rain . . .

Additional Information Contacts

Barb Michaels
Badger Lake Dragon Boat Association
PO Box 189
Fort Dodge Iowa 50501
(515)571-0174 cell
(515) 955-1959 home
BJMichaels@frontiernet.net

Linda Donner
Badger Lake Dragon Boat Association
PO Box 189
Fort Dodge Iowa 50501
(515)571-9642 cell
(515)955-1766
Linda.Donner@frontiernet.net

2017

ATHLETIC WAIVER AND RELEASE OF LIABILITY
The CJ Badger Lake Dragon Boat Bash
Badger Lake Dragon Boat Association Event

IN CONSIDERATION OF BEING ALLOWED TO PARTICIPATE IN ANY WAY IN THE BADGER LAKE DRAGON BOAT BASH EVENT AND THE AMERICAN DRAGON BOAT ASSOCIATION DRAGON BOAT/PADDLING PROGRAM AND RELATED EVENTS AND ACTIVITIES, THE UNDERSIGNED:

1. Agrees that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything to be unsafe, I will immediately advise my team captain or the chief dragon boat activity organizer of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my actions, inactions, the negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to me or reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue the CJ BADGER LAKE DRAGON BOAT BASH ORGANIZERS, BADGER LAKE DRAGON BOAT ASSOCIATION and/or the AMERICAN DRAGON BOAT ASSOCIATION, its affiliate dragon boat clubs and /or committees and organizers, any coaches, trainers, sternsmen and other employees of the organization, other participants, sponsoring agencies, advisors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as the 'releases' from any liability to the undersigned; his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death or damage to property caused or alleged to be caused in whole or in part by the negligence of these releases or otherwise.
5. Agree to wear an approved life jacket properly fastened at all times while in the boat and to ensure all responsibility for informing myself of all safety rules and to abide by all such rules related to the activity.

I HAVE READ THIS RELEASE, AND UNDERSTAND THIS WAIVER TO BE IN EFFECT FOR ANY AND ALL ACTIVITIES RELATED TO THE CJ BADGER LAKE DRAGON BOAT BASH EVENT AND THE AMERICAN DRAGON BOAT ASSOCIATION.

Please Print

Name _____

Team Name _____

Address _____ State _____ Zip _____

Cell Phone _____ Home Phone _____

Participant's Signature _____

Parent's or Guardian's Signature _____
(For participants younger than 18 years of age)

TEAM NAME _____ **Date:** 2017

TEAM ATHLETIC WAIVER (ROSTER) AND RELEASE OF LIABILITY

THE CJ Badger Lake Dragon Boat Bash 2017

1. In consideration of being allowed participating in any way in the CJ Badger Lake Dragon Boat Bash and the American Dragon Boat Association dragon boat/paddling program and related events and activities, the undersigned:
2. Agrees that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything to be unsafe, I will immediately advise my team captain or the chief dragon boat activity organizer of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my actions, inaction's, the negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to me or reasonably foreseeable at this time.
4. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue the CJ BADGER LAKE DRAGON BOAT BASH, and/or the AMERICAN DRAGON BOAT ASSOCIATION, its affiliate dragon boat clubs and/or committees and organizers, any coaches, trainers, sterns men and other employees of the organization, other participants, sponsoring agencies, advisors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as the "releases" from any liability to the undersigned; his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death or damage to property caused or alleged to be caused in whole or in part by the negligence of these releases or otherwise.
6. Agree to wear an approved life jacket properly fastened at all times while in the boat and to ensure all responsibility for informing myself of all safety rules and to abide by all such rules related to the activity.
7. I HAVE READ THIS RELEASE, and understand this waiver to be in effect for any and all activities related to the BADGER LAKE DRAGON BOAT BASH and the AMERICAN DRAGON BOAT ASSOCIATION, the dragon paddling program, and any and all related events.

PLEASE PRINT YOUR NAME, ADDRESS AND PHONE #

1) _____

Signature _____

2) _____

Signature _____

3) _____

Signature _____

4) _____

Signature _____

5) _____

Signature _____

6) _____

Signature _____

7) _____

Signature _____

8) _____

Signature _____

9) _____

Signature _____

10) _____

Signature _____

11) _____

Signature _____

12) _____

Signature _____

13) _____

Signature _____

14) _____

Signature _____

15) _____

Signature _____

16) _____

Signature _____

17) _____

Signature _____

18) _____

Signature _____

19) _____

Signature _____

20) _____

Signature _____

21) _____

Signature _____

22) _____

Signature _____

23) _____

Signature _____

24) _____

Signature _____

25) _____

Badger Lake Dragon Boat Bash 2017

Team Registration

Team Name: _____ Tent Size: _____

Email: _____

Team Sponsor: _____

Team Captain: _____

Address: _____

City: _____ State _____ Zip _____

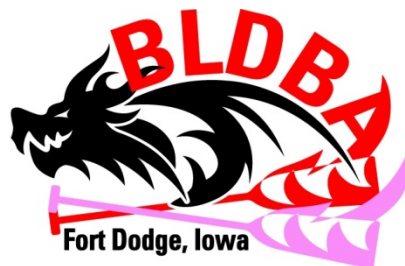
Phone: _____ (Work) _____ (Home)

Cell Phone: _____

COMPETITION LEVELS

Elite Division ____ Community Division ____ BCS ____ High School ____ Youth ____

TEAM DESCRIPTION: _____



www.badgerlakedragonboating.com

Additional Orders

Please make all checks payable to Badger Lake Dragon Boat Association

(Each team will be given 21 tickets for Friday night's team dinner)

	Qty	\$ Total
Team Dinner Tickets (Friday) (\$8.00 each)	_____	_____
POP ROCKS Tickets (\$10.00 each)	_____	_____

FESTIVAL T SHIRT ORDERS & PERFORMANCE SHIRT

Festival T-shirts may be pre ordered. \$15.00 please indicates size and quantity

_____ Y L _____ S _____ Med. _____ Lg. _____ XL _____ XXL

Festival **performance shirts** may be pre ordered. \$20.

_____ Y L _____ S _____ Med. _____ Lg. _____ XL _____ XXL

For more information call Barb at 515-571-0174 or 515-955-1959

Co-chair Linda at 515-571-9642 or 515-955-1766

Email: info@badgerlakedragonboating.com

Please return to:

Badger Lake Dragon Boat Association

P O Box 189

Fort Dodge Iowa 50501

PAYMENT OPTIONS

Check or Money Order Enclosed

(All Checks & Money Orders should be payable to Badger Lake Dragon Boat Association)

Visa

MasterCard

Discover

Card #: - - -

(3 additional digits located on the back of credit card)

Expiration Date: /

Name as it appears on card: _____

Signature of Card Owner: _____

TEAM NAME: _____

2017 CJ Badger Lake Dragon Boat Festival

Meal Reservations PLEASE RETURN JULY 15

Meal tickets are included with your team registration fee for Friday night for each team member (up to 21 total) on your roster. To help us in our planning, please indicate the number of team members that will be at the meal. If you are bringing guests (spouses, friends, children), extra tickets may be purchased for \$ 8.00 each.

Friday Night

of team members (up to 21) _____

of guests _____ x \$8.00= _____

Total # attending _____

Team meals will be order from this count. Meal reservations are due July 15, 2017.

E-mail to: BJMichaels@frontiernet.net

Badger Lake Dragon Boat Bash 2017

Team Information

**Please submit the information below via email in word format to Barb at
Bjmichaels@frontiernet.net DEADLINE JULY 10, 2017**

Team Name: _____

Team Sponsor: _____

Team Captain: _____

TEAM DESCRIPTION: _____

TEAM OFFERING: _____



www.badgerlakedragonboating.com